

East Asheville Family Medicine

Dr. Thomas Wolf and Brenda Fore purchased the practice in 2021 with the purpose of creating an excellent Family Medicine Primary Care Practice offering whole person care to benefit the community. Their philosophy is simply to put people first.

The practice offers personal medical services, which include overseeing preventative care, managing both common and chronic illnesses, as well as providing aesthetic medical care. The team is trained to handle most medical needs, and their extensive experience, dedication, and passion for healthcare extend to the mental, physical, and emotional needs of their patients.

The practice is most inspired by the people they serve every day. The clients are their focus, and the team genuinely enjoys helping people, including those who don't have the means to help themselves, or somehow feel that they do not deserve it. Their listening skills set them apart from similar practices, and they prioritize relationship-building with their clients while maintaining relationships with many specialty practices in the area. They are happy to serve as the connecting point for all medical needs.

Dr. Tom Wolf is a kind and compassionate physician who genuinely cares about the well-being of his patients. He is the complex care physician and aesthetic medicine provider, a board-certified Internal medicine physician with two decades of experience and extensive training in various cosmetic and laser skin treatments. His passion is for helping people look and feel their best through safe and effective treatments.

Dr. Wolf enjoys hiking, tending to his succulents, doing photography, and some oil painting for enjoyment. His love of travel has taken him to Latin American countries, where he has completed several mission trips, providing medical care to underserved communities. He believes in building strong relationships and takes the time to listen to his patients' concerns and provide personalized treatment plans. He understands that effective healthcare requires a partnership between the patient and provider.

Brenda Fore is a board-certified Family Nurse Practitioner with a wealth of experience. She is a retired active-duty Army Nurse with combat experience and expertise in urgent and emergent care, equipped to handle all kinds of medical situations. Her passion is in caring for families, from routine check-ups to managing chronic conditions, and she combines holistic and alternative techniques with Western medicine practices.

After years of serving her country, Brenda returned to her hometown to continue her passion for healthcare. She likes to ride her Harley motorcycle for fun and does at least one or two medical missions in third-world countries each year. She is dedicated to serving her local community and passionate about empowering patients to take control of their health. She takes the time to listen to their concerns and provide personalized treatment plans.

Anne Parker FNPC has been a Family Nurse Practitioner for almost 30 years, providing primary care services to patients in need. She has a background in primary care, women's health & allergies/asthma. Working closely with the Medicare population to complete Annual Wellness Visits, she helps keep this special population on track with health maintenance.

As a highly qualified healthcare provider, Anne is able to act as a patient's primary provider, working in consultation with Dr. Wolf. She understands that effective healthcare is a partnership between the patient and provider and focuses on wellness and prevention in addition to the treatment of acute and chronic problems.

One of Anne's favorite things about being a Family Nurse Practitioner is working with the patient to help them reach optimal health. Whether helping her patients with mental health issues or providing excellent care for an elderly patient with a chronic condition, Anne is committed to providing the highest quality care possible.

East Asheville Family Health Care is here for the community's healthcare needs!